

# **Anatomy & Physiology Notes 1 KEY: Unit 1**

## **Anatomical Terms**

### **Body Regions**

#### **Head and Neck**

cephalic	head
frontal	forehead
nasal	nose
orbital	eye
otic	ear
buccal	cheek
oral	mouth
mental	chin
occipital	back of head (lower part)
cervical	neck

#### **Trunk (anterior)**

pectoral	chest
mammary	breast
sternal	center of chest
thoracic / costal	ribs
abdominal / celiac	abdomen
umbilical	navel
coxal	hip
pelvic	lower abdomen
genital	external reproductive structures
inguinal	groin
acromial	point of shoulder
axillary	armpit

## **Trunk (posterior)**

dorsum	back
scapular	shoulder blade
vertebral	spine
lumbar	lower back
sacral	between hips (medial to gluteal region)
gluteal	buttocks
perineal	between anus and genitals

## **Upper Limbs**

brachial	upper arm
antecubital	elbow “pit”
cubital	elbow
antebrachial	lower arm
carpal	wrist
palmar	palm
digital	fingers

## **Lower Limbs**

femoral	upper leg
patellar	knee
popliteal	knee “pit”
crural	lower leg
tarsal	ankle
pedal	top of foot
plantar	sole of foot
digital	toes

## **Relative Positions**

medial	closer to the midpoint
lateral	to the side of
proximal	closer to the point of attachment
distal	farther from the point of attachment
superior	above / higher on the body
inferior	below / lower on the body
anterior (ventral)	on the front / toward the front / in front of
posterior (dorsal)	on the back / toward the back / behind
superficial	closer to the surface / on the surface
deep	below the surface / interior

## **3 Types of Planes**

transverse plane	divides a body part horizontally (superior and inferior parts)
coronal plane	divides a body part into anterior and posterior parts
sagittal plane	divides a body part vertically (lateral parts)